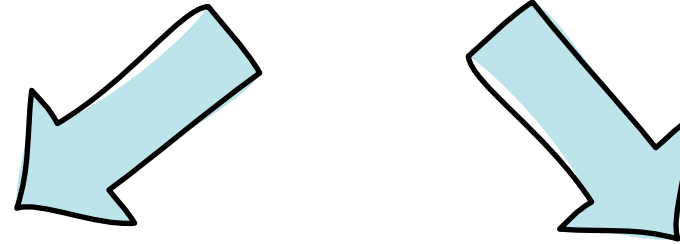


Well-being



Hedonic well-being

- Positive emotions
- Absence of negative emotions
- Life satisfaction
- Happiness

Eudaimonic well-being

- Autonomy
- Personal growth
- Self-acceptance
- Meaning of life
- Competence
- Social connection

Flourishing